



# Hillingdon Carers Partnership

Working together for unpaid carers



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## Factsheet 8

# Help from Hillingdon Carers' Partnership

### **Hillingdon Carers**

[www.hillingdoncarers.org.uk](http://www.hillingdoncarers.org.uk)

01895 811206

- Carers' Assessments
- Information and advice on a wide range of topics
- Welfare benefits check and help to claim benefits
- A regular 'care call' to check in with you for a chat
- Emergency planning
- A new range of online activities
- Telephone peer support groups
- Young carers/young adult carers support
- Family support
- Regular Youth groups on House Party
- Art, Poetry and Photography competition

### **Alzheimer's Society**

[www.alzheimers.org.uk](http://www.alzheimers.org.uk)

01923 823999

Specialist Dementia support from Alzheimer's Society colleagues, including new referrals and care calling

### **Harlington Care**

[www.harlingtonhospice.org](http://www.harlingtonhospice.org)

01895 858888

Carers Short breaks - a few hours respite care in your home

### **Hillingdon Mind**

[www.hillingdonmind.org.uk](http://www.hillingdonmind.org.uk)

Specialist mental health 'care calls' from Mind colleagues

## **H4All**

[www.h4all.org.uk](http://www.h4all.org.uk)

0203 3949 5786 - 8am-5:30pm Mon-Fri (10am-2pm weekends or bank holidays)

Providing support in partnership with LBH - Picking up your shopping - Providing someone to chat to on the phone - Posting your mail - Arranging prescription delivery - Walking your dog - Collecting essential medical equipment