



Hillingdon Carers Partnership

Working together for unpaid carers



Factsheet 6

Time Out – Activities for lockdown

Hillingdon library service continues to offer Residents online services. If you are not already a member why not sign up? www.hillingdon.gov.uk/online-resources

ChatterPack

chatterpack.net/list-of-online-resources-for-anyone-who-is-isolated-at-home

A list of free, online, boredom-busting resources!

Hobbycraft

www.hobbycraft.co.uk/get-started/

Try your hand at a new craft. Learn how to embroider, decorate a cake, or make a candle in easy steps. And you can get the tools you need delivered straight to your door.

Enjoy your garden

Now is the time to care for your garden or your patio pots. How many plants and trees can you name? Keep a note of what goes where and when it blooms. For help on what to do in which month go to www.rhs.org.uk/advice

The Rural Activities Garden Centre (RAGC) are offering to deliver plants to Hillingdon Residents. To check availability and order, visit

www.facebook.com/ruralactivitiesgardencentre/ or email jsarnicki@hillingdon.gov.uk

Re-live memories

Are your photos still in their packs or jumbled on the PC? Take time to enjoy memories of times gone by and sort into holiday/celebration/activity.

De-clutter your space and de-clutter your mind!

With summer on its way, now is a good time to have a garage or wardrobe clear out or rejuvenate what's there already. Look in your wardrobe - what haven't you worn for a while? Maybe it's time to donate to the charity shop when it reopens, or perhaps make new again with simple altering. Want help with decluttering? Or with an alteration? email Lynne.office@hillingdoncarers.org.uk to join an on-line workshop

Trace your family history

[archive.hillingdon.gov.uk /Family-history---useful-websites](http://archive.hillingdon.gov.uk/Family-history---useful-websites)

The number of family history websites can be daunting for those beginning their research.

Art Galleries

Art galleries may be closed but you can still access online viewing for your dose of culture.

Royal Opera House

The Royal Opera House is offering free broadcasts on its Facebook and YouTube channels.

Stand Comedy Club

The Stand Comedy Club is bringing Saturday night comedy into your living room online.

National Theatre

The National Theatre is showing full length plays every Thursday evening via their YouTube Channel.

Visit London

Visit London from the comfort of your own home through the Visit London webcam.

Museum Tours

A list of 12 'world class' museums you can visit online

Zoo LIVE Cams

Edinburgh Zoo or London Zoo are closed right now, but their LIVE feed cameras can help you watch animals including pandas, koalas and penguins!

FREE audiobooks for kids and teenagers

Audible online is offering free access to their collection of audiobooks for as long as schools are closed available to stream on your desktop, laptop, phone or tablet.

Xbox Game Streaming

Play over 50 Xbox favourites on your Android phone or tablet, streaming directly from the cloud over Wi-Fi or your mobile network. During the Preview, you don't need to own games or a console.

Stay at Home Festival

The Stay At Home festival provides links to a range of online gigs and live streaming

Take a virtual tour of Buckingham Palace

www.royal.uk/virtual-tours-buckingham-palace

The Buckingham Palace tour allows you to snoop around the Queen's house while learning about the history of the royal family.

50 FREE things you can do during lockdown

www.futurelearn.com/50-free-things-you-can-do-during-lockdown

Run out of things to do in quarantine?

50-fun-kids-activities

www.manchestereveningnews.co.uk/50-fun-kids-activities-home

15 productive things you can do during lockdown

www.hellomagazine.com/productive-things-to-do-during-lockdown/

From learning a language to organising your wardrobe, updating your CV to writing a novel, there are plenty of productive things you can take up to pass the time - why not start right now?

For more information about our services please contact us on:

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